

# HOW DO WE IDENTIFY “GOOD ENOUGH” CAREGIVING?

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# Existing Screening Tools

✿ Medical risk

✿ Nutritional risk

✿ Educational/intellectual risk

✿ Demographic risk

# Psychosocial risk

- ✿ Long-term effects

- ✿ Children learn how to use their minds

  - ✿ To protect themselves

  - ✿ To protect their own children

# Assessment of psychosocial risk

- ✿ A theory to guide observation
- ✿ Assessment tools for reliable and replicable observation

# A Dynamic-Maturational Model of Attachment

- ✿ Attachment is a theory about protection from danger
- ✿ Attachment patterns are self protective strategies
- ✿ Some things we do to protect ourselves and our children are at times themselves dangerous

# Assessing early interactions: CARE-Index

- ✿ 3 minutes of videotaped adult-baby play interaction (0-15 months)
- ✿ Simple and robust procedure
- ✿ Trained coders to score and interpret

# Assessing early interactions: CARE-Index

- ✿ Predict child abuse & neglect
- ✿ Predict psychosocial disorder
- ✿ Predict psychosomatic disorder



Some mothers and babies

# CARE-Index opplæring i Oslo

23.-27.september  
og 20.-23.oktober  
2010

ved psykolog

**Bente Nilsen BUP  
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Arrangeres av Aline poliklinikk ved  
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